

Patient Presentation

Chief Complaint: I'm here for my routine check up.

HPI: Sheila Gates is a 35 yo woman with a 25 year history of IDDM. She presents to the high-risk clinic for her routine renal status evaluation. She has no complaints at the present time.

PMH: Developed IDDM at the age of 10 years. HTN developed approximately 8 years ago and has been relatively poorly controlled with numerous agents including thiazide diuretics, angiotensin-converting enzyme inhibitors, and most recently, calcium channel blockers. Her renal function began to decline approximately 6 years ago and manifested as slight increases in serum creatinine and BUN and elevated urinary albumin excretion (UAE). There have been no ocular manifestations of her diabetes, but she has complained of tingling in the lower extremities during the last few office visits. She also has a 9-year history of gastric ulcers that have been well controlled with Cimetidine except for one mild bleeding episode last year.

FH: Mother died at age 52 of cardiac complications of DM, father (age 62) alive and well, had mild CVA 4 years ago; no siblings

SH: Works as an administrative assistant; married with two children (ages 9 and 6)

Meds:

Procardia XL 60mg po QD

Human Insulin: 10 units Regular/20units NPH Q AM; 5 units Regular Q PM

Cimetidine 400mg po TID

Allergies: Penicillin (hives); Codeine (nausea)

ROS: Feels tired, occasional headaches

Gen: Well developed, overweight, pale woman

VS: BP 160/105, P 82,
RR 18, T 37.1,
Wt 71 kg, Ht 168 cm

Skin: Dry, flaky

HEENT: PERRLA, pale mucous membranes, AV nicking

Neck: WNL

Lungs/Thorax: Mild rales

Breast: No masses

CV: Normal S1 and S2, early S3

Abd: Soft, non-tender

Genit/Rect: Deferred

MS/EXT: 1+ pedal edema

Neuro: A & O x 3, decreased pin-prick and vibratory sensation in lower legs

CRF

Elevated urinary albumin excretion (UAE)

U/A total volume 1800ml, (collection time 24 hours)

protein 145mg/dL, creatinine 57 mg/dL

Labs

	2 years ago	1 year ago	1 week ago
Serum creat (mg/dl)	1.4	1.9	2.5
BUN	17	23	34
Calcium	9.6	9.0	10.6
Phosphorus	4.2	4.7	5.8
Potassium	4.1	4.4	4.6
Glucose	292	216	360
24hr Cl cr	52	44	n/a
Protein excr (mg/24hr)	240		